

Snack Allergen Information

	Snack	Contains Dairy	Contains Eggs	Contains Meat	Contains Gluten	Vegan
Soups	potato soup	x				
	chicken noodle soup		x	x	x	
	vegetarian vegetable soup					x
	turkey and rice soup			x		
	chicken soup with gnocchi	x	x	x	x	
	potato carrot soup	x				
	black bean soup with ham			x		
	potato leek soup	x				
	chicken soup with spatzel		x	x	x	
	chicken gumbo			x		
	vegetarian bean soup					x
Breads	pumpkin bread	x	x		x	
	bagels and cream cheese or goat cheese	x	x		x	
	flatbread		x		x	

Dairy

Eggs

Meat

Gluten

Vegan

	Polish black bread	x	x		x	
	banana bread	x	x		x	
	cheese biscuits	x	x		x	
	whole wheat molasses bread	x	x		x	
	rolled biscuits	x	x		x	
	corn bread	x	x		x	
	apple biscuits	x	x		x	
	gingerbread	x	x		x	
	mango corn bread	x	x		x	
Muffins	blueberry oat muffins	x	x		x	
	apple muffins	x	x		x	
	banana muffins	x	x		x	
	raspberry oat muffins	x	x		x	
Noodles	rotini with sausage and tomato sauce	x	x	x	x	
	mixed vegetable rotini with green beans	x	x		x	
	macaroni and cheese	x	x		x	

Dairy

Eggs

Meat

Gluten

Vegan

	rotini with parmesan	x	x		x	
Hot Cereals	farina	x			x	
	farina and applesauce	x			x	
	grits	x				
	oatmeal	x				
	oatmeal and applesauce	x				
	cheese grits	x				
Other	tuna salad		x	x		
	beans and rice with tortillas		x		x	
	hummus and pita		x		x	